

## **PREGNANCY SAFE MEDICATIONS**

### ***Antihistamines:***

- o Allegra
- o Benadryl
- o Claritin
- o Claritin D\*
- o Chlor-Trimeton-D\*
- o Chlor-Trimeton-DM
- o Doxylamine Succinate
- o Sudafed
- o Zyrtec and Zyrtec-D\*

\*after first trimester and in limited quantities thereafter

### ***Constipation:***

- o Colace
- o Fibercon
- o Konsyl
- o Metamucil
- o Milk of Magnesia
- o Miralax
- o Perdiem

### ***Cough:***

- o cough drops (any)
- o Dayquil
- o Mucinex
- o Nyquil
- o Robitussin DM
- o Robitussin PE\*

\*after first trimester and in limited quantities thereafter

### ***Decongestants:***

- o Benadryl
- o Sudafed\*
- o Tylenol Sinus

\*after first trimester and in limited quantities thereafter

***Diarrhea:***

- o Immodium AD
- o Kaopectate

***Fever:***

- o Acetaminophen\*
- o Tylenol\*
- o Tylenol Extra Strength\*

\*use only as directed on bottle

***Gas:***

- o Mylicon
- o Mylanta GAS
- o Mylanta Antacid/Anti-gas
- o Simethicone

***Heartburn:***

- o Gaviscon
- o Maalox
- o Mylanta
- o Pepcid Complete
- o Prilosec
- o Nexium
- o Roloids
- o Tums
- o Zantac

***Hemorrhoids:***

- o Annusol Suppository/Ointment (with or without cortisone)
- o Colace
- o Preparation H
- o Tucks

***Iron Supplements:***

- o Ferancee HP
- o Ferrosulfate
- o Ferrosequels
- o Slow FE
- o Slow FE with Folic Acid

***Itching:***

- o Benadryl Ointment
- o Caladryl
- o Cortaid
- o Hydrocortisone Ointment

***Nasal Spray:***

- o Ocean and Nasal Mist
- o Flonase

***Nausea:***

- o Dramamine
- o Emetrol
- o Ginger 250 mg (3 x per day)
- o Relief Band
- o Sea Bands
- o Unisom
- o Unisom Sleep Tab
- o Vitamin B6

***Pain:***

- o Acetaminophen\*
- o Tylenol\*
- o Tylenol Extra Strength\*

\*use only as directed on bottle

***Poison Ivy:***

- o Benadryl Lotion or Cream
- o Caladryl Lotion
- o Ivy Dry

***Sleep:***

- o Benadryl
- o Unisom Sleep Tab

***Sore Throat:***

- o Chloraseptic
- o Sucrets
- o Throat Lozenges (any)

***Yeast:***

- o Any Over-the-Counter for Yeast Infection

***We are glad that you have chosen Peachtree Women's Specialists for your obstetrical care. Please give us a call if you have any additional questions or need more information.***